

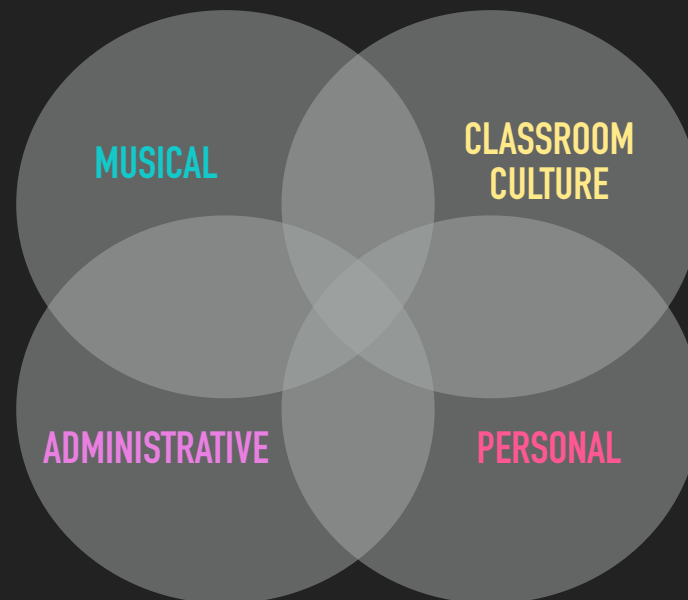
# THE FIRST FIVE YEARS

## A PLANNING & SURVIVAL GUIDE



### A BIT ABOUT US

- ▶ Alyssa
  - ▶ Assistant Professor of Choral Music & Music Education, University of Arizona
- ▶ Becky
  - ▶ Assistant Professor of Choral Music Education, Butler University
- ▶ Why this session?



## TOP 5 FOR YOUR FIRST FIVE

Prioritize Self-Care

Know Your Students

(Manage Your Program)

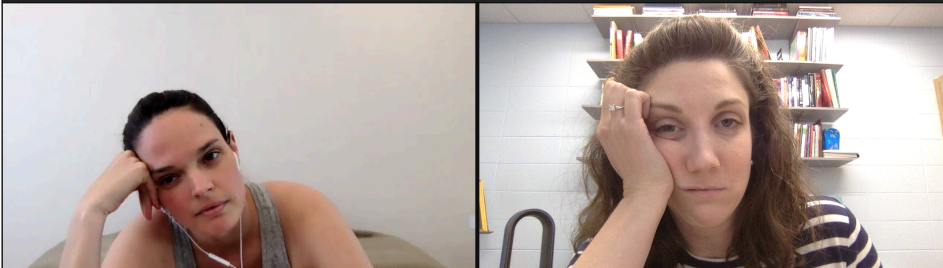
(Build Students' Skills)

Pick Rep, Prep, & Plan

## PRIORITIZE SELF-CARE

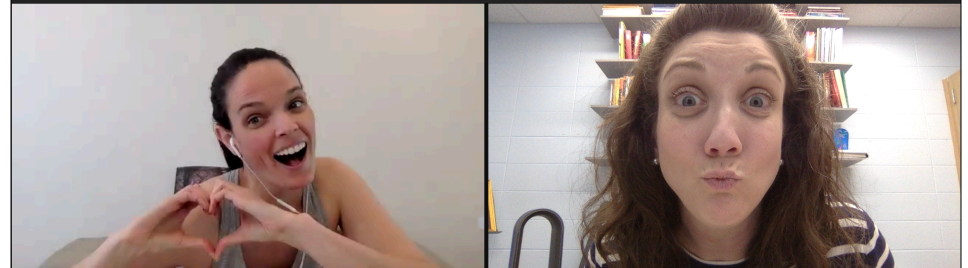
- ▶ The person who knows you best is YOU!
- ▶ There is life outside your work
  - ▶ Make time, find way to be mindful & recharge
- ▶ Continue your own professional development/performing
- ▶ Find your people!
  - ▶ Share resources, collaborate, do non-musical things together
- ▶ Don't be afraid to:
  - ▶ ask for help (musical, teaching, mental & physical health)
  - ▶ say "no"
- ▶ Manage *your* and *others'* expectations for the first 5 years

## PRIORITIZE SELF-CARE



*Before*

## PRIORITIZE SELF-CARE



*After*

## KNOW YOUR STUDENTS

- ▶ Names
  - ▶ You know theirs, they know each others'
    - ▶ Check out: *Cult of Pedagogy* article & podcast
- ▶ Get to know the whole person
  - ▶ Musical & Non-musical
    - ▶ Check out: Student Info Sheet
    - ▶ Consider: No-Shame Singing/Playing
    - ▶ Consider: Notecard Goals
- ▶ ...and foster an environment that gets them to know one another.
  - ▶ Community & Student Involvement

## KNOW YOUR STUDENTS

### Plan for Day 1

- ▶ Check out: Student Info Sheet or Musical Profile
  - ▶ Ready to go "bell ringer"
- ▶ Community Building
  - ▶ Musical (rote) & Non-Musical (names)

### Long-Term Considerations

- ▶ "Yearbooks"/Scrapbooks
  - ▶ Student historian(s)
- ▶ Posters on the wall from concerts
  - ▶ Make your room a place where students can return
- ▶ Traditions
  - ▶ Consider: Banquet, Slideshow, Circle, Alumni Song, etc.

## PICK REP, PREP, & PLAN

- ▶ Programming Considerations
  - ▶ Representation
  - ▶ Themes
  - ▶ Level of Music (Challenge)
    - ▶ "Easy" music is your friend
    - ▶ Variety
- ▶ Free Resources
  - ▶ Check out: "The First Five Years" Resources Google doc
    - ▶ Programming, Composer Diversity, SJD, DEI

## PICK REP, PREP, & PLAN

### Plan for Day 1

- ▶ Rote Song, Round, Call & Response, Improv
  - ▶ Check out: *150 Rounds for Singing & Teaching*

### Long-Term Considerations

- ▶ SJD, DEI
  - ▶ Does your program reflect the demographics of your school?
  - ▶ Implicit vs. Explicit SJD work
- ▶ Building up to bigger works
  - ▶ Variety of styles/time periods
- ▶ Programming
  - ▶ Does your programming reflect the musical demographics
  - ▶ First gain your community's trust

## THANK YOU!

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